

## Tim Eckel

Membership #81881



Tim Eckel was raised on a mixed farm near Raymore, SK where he developed his sense of community and strong work ethic. After high school Tim went to what today is Saskatchewan Polytech in Moose Jaw where he received a Diploma in Electrical Technology. Upon graduating he took a position with SaskPower and began what became a 40-year career with the organization. During his time at SaskPower Mr. Eckel worked in a number of roles around the province while also obtaining a degree in Electrical Engineering and a Masters in Business Administration. He was a member of the corporation's senior leadership team for the past 9 years.

Tim is a Professional Engineer and has his ICD designation from the Institute of Corporate Directors. He has considerable Board experience and is presently completing a 1 year term on the Sherwood Co-op Board.

Mr. Eckel and his wife Bernadine have two adult children and have lived in Regina for 30 years and are proud to call this city home. Tim enjoys travelling and outdoor activities. He is a member of the Knights of Columbus and continues to volunteer his time with other organizations. Tim, having siblings who continue to farm, enjoys any opportunity to spend time helping them out.

Mr. Eckel has had the opportunity to gain knowledge and skills over his career and is at the point in his life where he wants to give back to the community which has been good to him and his family.

## Lenita Knudsen

Membership #86090



Born and raised in Regina, Lenita earned her bachelor's degree in chemical engineering at the University of Saskatchewan. She continues to further her knowledge and education in her areas of passion which include safety, leadership, and human and organizational performance.

Lenita has served on several community boards in both the for-profit and non-profit sectors, including a term as Chair of the Board for Dress for Success Regina. She is experienced in board governance practices, strategic planning, financial management, and staff management.

Lenita is a high-energy, passionate people leader, experienced in strategic and operational planning and execution, regulatory compliance, change management, and corporate risk management. Lenita is a highly collaborative team player, skilled in group facilitation and building trusting, respectful teams.

Twice in her career as a professional engineer, Lenita worked at the Co-op Refinery Complex in Regina, early on as an operations engineer and most recently as the Director of Health, Safety, Security & Environment. She has also consulted for large Canadian and international oil and gas companies and is currently the Manager - Health & Safety at SaskEnergy.

Lenita is a long-time faithful Sherwood Co-op customer and is excited for the opportunity to further support Sherwood's success.

## Delee Silvius

Membership #158212



Delee Silvius would like to thank the membership for the opportunity to be nominated as a candidate for the Board of Directors. She would take great pride in giving back to an organization that is local, community driven, and provides so much value to its members.

Delee believes her relevant professional experience; community involvement and academic qualifications would immediately benefit the board and the organization. Currently, she is an Assistant Director with a regulatory body where she has developed business acumen and competencies related to management and board interaction. Further, Delee has gained significant experience working with boards of directors as a member of management.

Delee's academic qualifications include being a professional engineer and project management professional. She obtained an executive MBA with the Levene Graduate School of Business from the University of Regina. Her capstone research project involved the development and oversight of enterprise risk management systems which is directly applicable to an organization like Sherwood Co-op.

If given the opportunity to serve on the Sherwood Co-op Board of Directors, Delee would leverage her academic qualifications and experience to best serve the organization. Delee respectfully asks for your support and thanks you for your consideration.

## David Sloan

Membership #54401



David makes his living on the family farm, which has been in the family for over 100 years, just southeast of Regina. He is an active member of his local community, volunteering for roles from cutting grass to board leadership.

David spent 23 years on municipal council, leading and guiding diverse planning and helping to implement policies. He is a founding member of local, regional and provincial groups helping them to establish themselves as organizations able to influence policy decisions and the public.

During his time on the Sherwood Co-op Board of Directors David has been President, Vice-President and a participant on various Board committees.

As a member of innovative groups and having a variety of volunteer business aspects, David has a broad perspective to actively participate in board planning and decision making. He is prepared to dedicate the time and effort to being part of the future planning of the Board of Directors for Sherwood Co-op. He looks forward to being a part of our co-operative that continues to give back to and support our communities.

Sherwood Co-op has shown it can adapt, survive and be a successful business despite the challenges that come its way.

## John Stevenson

Membership #74601



John is a long-time supporter of Sherwood Co-op, co-operatives and the co-operative business model. He has over 30 years of executive and senior management leadership experience in both the private and public sectors, gained while working for Canadian Agri-Traceability Services, Saskatchewan Justice (where he was nominated for a Premier's Award for Excellence), Saskatchewan Corrections & Public Safety, a commercial Crown Corporation, IBM, Credit Union Central of Saskatchewan, and early in his career, FCL.

He has a Bachelor of Science degree, professional designations in project management, change management, information technology management, and is a graduate of the University of Saskatchewan's Management

Development Program. He was invited to be part of the pilot group for level 3 of the Director Development Program, and was one of the first recipients of the new co-operative director designation (Co-opD.D).

John believes in giving back to his community, including serving on the Regina YMCA board, volunteering on parent councils, with Scouts, and coaching youth basketball.

His board experience includes the boards of a national not-for-profit organization, a credit union, and a professional society.

John has been on Sherwood Co-op's Board of Directors since 2018, serving as Vice President 2019-2020, and as President since 2020.

## Philip Symchych

Membership #110871



Phil Symchych (sim' chich) grew up valuing the Co-op community in Dauphin, MB. His early experiences and family business challenges during high interest rates shaped his foundation, which fueled his drive to help businesses to succeed.

### Professional Background

- Over 30 years, Phil has empowered businesses across 64 industry sectors and 7 countries, enhancing growth, revenue, customer value, and employee futures.
- Education: BComm (UofS), MBA (UofR)
- Credentials: CPA, CA, CMC (Certified Management Consultant), ICD.D Certified - Institute of Corporate Directors

### Achievements and Contributions

- Three decades of business and consulting experience: growth strategies, enhancing value to customers, and improving financial performance
- Twice propelled a mid-sized company to \$10M growth within a year
- Helped a company buy a railroad
- Lead author of *The Business Wealth Builders*; co-author of *Acceleration*, *Traction*, and *The Future of Work*
- National board experience with CMC Canada (Audit Committee Chair) and the Canadian Association of Family Enterprises

### Vision and Commitment

- Committed to enhancing Sherwood Co-op's competitiveness and innovation, ensuring customer/member value, and sustainable support for our employees and communities.